

**mantfu**

**SPRING**  
**2024**  
**60 DAY**  
**CHALLENGE**

**NEXT CHALLENGE RUNS MARCH 24 - MAY 22, 2024**

**1ST \$1500 CASH**

**2ND \$200 ESSENTIALS SUPPLEMENT CREDIT**

**3RD \$150 MTFU/HF CLOTHING CREDIT**